

1st DAY TIMETABLE		CAMP TIMETABLE DAY 2 – DAY 7		LAST DAY TIMETABLE	
07:30 – 12:30	Arrival to camp	07:30	Get Up – Get Ready	06:30	Get Up – Get Ready
		8:00 – 8:30	Breakfast	07:00	Breakfast
		8:30 – 9:00	Brief	08:00	Departure
		09:15 – 12:15	Sailing		
		12:30 – 13:00	Get Dry – Get Ready		
12:45 – 13:15	Lunch	13:00 – 13:30	Lunch		
13:15 – 13:45	Facility orientation	13:30 – 14:30	Free Time		
14:00 – 15:00	Allocation of rooms	14:30 – 15:00	Morning De-brief + Afternoon Brief		
		15:00 – 15:15	Tea break		
15:15 – 18:15	Sailing / Activity	15:15 – 18:15	Sailing / Activity		
18:15 – 19:00	Get Dry – Get Ready	18:15 – 19:00	Get Dry – Get Ready		
19:00 – 19:30	Afternoon De-brief	19:00 – 19:30	Afternoon De-brief		
19:30 – 20:30	Dinner	19:30 – 20:30	Dinner		
20:30 – 21:30	Activity I	20:30 – 21:30	Activity I		
21:30 – 22:30	Activity II (optional)	21:30 – 22:30	Activity II (optional)		
23:00	Bed	23:00	Bed		